

Our Services

- Sleep Apnea screening and treatment
- Home Oxygen Assessments and therapy
- Asthma education and supplies
- Providing the most current CPAP and Home Oxygen Technology
- Ongoing follow up programs to ensure optimal treatment results and reliable equipment function
- Timely, accurate and confidential reporting of results to Physicians
- Assisting with EHB submissions
- Prompt, professional client service

“ I had trouble finding a mask that worked for me. My Therapist was very patient and tried several different masks until we found the right one. After receiving my CPAP, I still got great care and service from IRS. The IRS staff were always friendly and happy to see me. I never felt like I was imposing on them.”

JA, North Vancouver

“ The service at IRS was great, the Therapist was understanding and efficient. The appointments were on time and I did not have to wait long to be seen.”

DP, Vancouver

“ Just a note to thank you and your associates for all the help with my transition to using a CPAP. You were most patient in helping me to understand how to use this machine. Everyone at your office was very professional and helpful. Again Thanks.”

GB, Vernon

IRS Locations



Abbotsford
Castlegar
Chilliwack
Coquitlam
Cranbrook
Creston
Dawson Creek
Fort Nelson
Fort St John
Grand Forks
Invermere
Kamloops
Kaslo
Kelowna
Kimberly
Maple Ridge
Nakusp
Nanaimo
Nelson
North Vancouver
Penticton
Prince George
Prince Rupert
Quesnel
Richmond
Salmon Arm
Smithers
Surrey
Terrace
Trail
Vancouver
Vernon
Victoria
Williams Lake



**Call TOLL FREE to contact
your nearest IRS location**

1.877.965.6204

Corporate Office
865 Columbia Office
Castlegar, BC V1N 1H3

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F) 250.365.6011

Are **breathing** or
sleeping problems
preventing you from
getting the most
out of your life?



**Improving our clients' well-being
... one breath at a time™**



**Providing sleep apnea and home oxygen
therapy to British Columbians since 1996**

irscanada.ca

IRS Independent Respiratory Services Inc.

IRS is a BC-owned and operated full service respiratory company. We have been providing sleep apnea and home oxygen therapy to British Columbians since 1996. We are committed to providing outstanding respiratory therapy, timely reporting of results and ongoing client care.

IRS Mission

Our mission is to provide exceptional service to our clients, who we are privileged to serve. We strive to provide the highest standard of healthcare. Honesty and integrity are the foundation of our company, and our success is reflected in our clients' satisfaction.

Sleep Apnea

Sleep Apnea is a **sleep disorder** characterized by frequent pauses in **breathing** during **sleep** that last from a few seconds to a minute. Sleep apnea can pose serious health risks and negatively impact quality of life.

75% of those with severe sleep disordered breathing go undiagnosed.

Prevalence of Sleep Apnea with other disorders

Drug-resistant hypertension	83%
Obesity	77%
Congestive heart failure	76%
Pacemakers	59%
Atrial fibrillation	49%
Diabetes	48%
All hypertension*	37%
Coronary artery disease*	30%

*Male subjects only

Signs & Symptoms of Obstructive Sleep Apnea (OSA)

- Snoring interrupted by pauses in breathing
- Excessive daytime drowsiness
- Gasping or choking during sleep
- Restless sleep
- Problem with mental function
- Memory loss
- Irritability and depression
- Large neck, obesity, crowded airway

Take this 30 second SLEEP APNEA test

If you or someone you know snores regularly and answers **YES** to two or more of these questions, it may be a sign of **OBSTRUCTIVE SLEEP APNEA**.

- Have you been told that you snore lately?
- Has anyone ever told you that your snoring is interrupted by periods where you stop breathing?
- Are you excessively sleepy during the day?
- Do you feel 'tired' in the morning even after having an adequate number of hours of sleep?
- Do you frequently suffer from headaches upon awakening?
- Do you fall asleep at inappropriate times such as at work, driving or watching tv?
- Do you have trouble concentrating, memory loss or forgetfulness?
- Do you use the bathroom frequently (more than once) during the night?

Being screened for sleep apnea is a simple non-invasive test that is completed in the comfort of your own home.

Call **1.877.965.6204** today to schedule an appointment at your nearest IRS office.

Oxygen Therapy

Oxygen therapy uses supplemental oxygen to increase the level of oxygen carried in your blood. Oxygen is a Physician-prescribed medication that is used for short and long-term durations depending on a person's needs. Oxygen Therapy can normalize oxygen levels in your blood.

- IRS provides Oxygen Therapy for clients with Extended Health Benefits, RCMP, Veteran's Affairs, WorkSafeBC and Non-Insured Health Benefits coverage
- Most Extended Health Benefit Providers require only a prescription to fund oxygen therapy
- IRS can assist clients without benefits who do not qualify for government funding if their Physician recommends Oxygen Therapy
- Home Oxygen Assessments can be completed within 24 hours of referral
- Initial Assessments and Reports are forwarded to the referring Physician
- Follow-up assessments, system maintenance and Physician communication are part of IRS' commitment to providing exceptional service

What are the Benefits of Oxygen Therapy?

- Improves quality of life and allows you to be more active
- Improves sleep, mood, mental alertness and stamina and allows individuals to carry out normal everyday functions (American Lung Association)
- Can decrease the sensation of shortness of breath
- New Home Oxygen Technology enables clients to be active without the concern of running out of oxygen
- Compact portable systems weighing as little as 10 lbs have been approved for air travel by most major airlines