



ResMed **Air** Solutions

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solutions for women



a new beginning  
in therapy for women

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There is evidence to show that sleep apnea in women is different from sleep apnea in men.<sup>1</sup> Typically, women take longer to fall asleep and have greater flow limitations and more frequent arousals during sleep than men.<sup>2</sup> Women with OSA also tend to have fewer and shorter apneas or hypopneas, as well as a lower apnea–hypopnea index (AHI).<sup>3</sup> With nearly 40% of newly diagnosed sleep apnea patients being women,<sup>4</sup> it was important to develop the first therapy device specifically designed to meet their needs.



## Gender-specific therapy

Introducing the ResMed AirSense™ 10 AutoSet™ for Her — the first device that provides therapy tailored to respond to female-specific characteristics of sleep-disordered breathing. The AirSense 10 AutoSet for Her is one of a host of female-focused offerings that are part of ResMed Air Solutions.

## Unique treatment for women

The pioneering new algorithm used in the AirSense 10 AutoSet for Her works by increasing sensitivity to flow limitation and optimizing the response to these events. By responding to each flow-limited breath, the algorithm helps provide comfortable therapy.

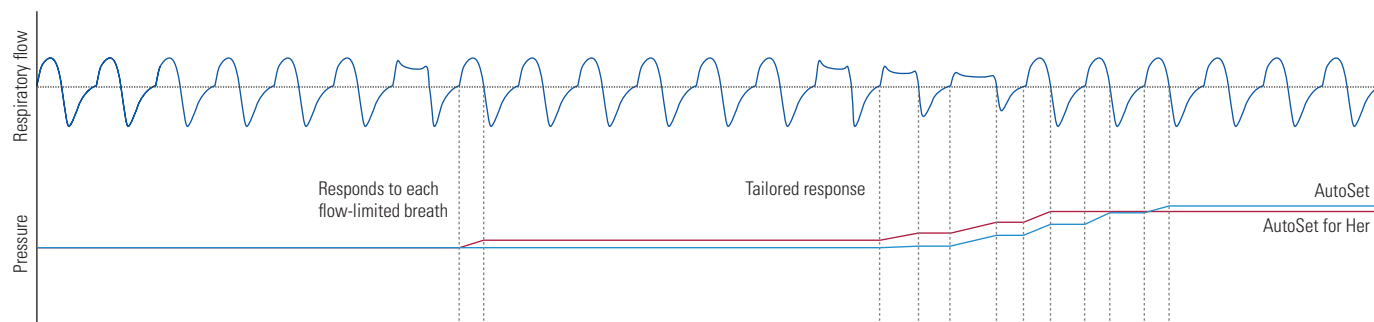
## A complete offering

The AirSense10 AutoSet for Her can be paired with the AirFit™ for Her mask series to provide a complete offering for women. Masks designed for women give female patients stylish options and can lead to improved acceptance and increased adherence. In fact, according to a recent survey of female PAP users, 90% of women using a gender-neutral mask are likely to look for a for her mask if they are aware of its availability.<sup>5</sup>

## Personalized support

Improving patient engagement is another important way to encourage patients to stay on treatment. Through the myAir™ program, patients benefit from coaching, education and motivational tools that empower them and help them stay on track with therapy.

Find out more at  
[ResMed.com/AirSolutions](https://www.ResMed.com/AirSolutions)



How the AutoSet for Her algorithm responds to flow limitation.





1 Lin CM, Davidson TM and Ancoli-Israel S. Gender differences in obstructive sleep apnea and treatment implications. *Sleep Med Rev* 2008. 12(6): 481-96  
2 Valipour et al. Gender-related differences in symptoms of patients with suspected breathing disorders in sleep: a clinical population study using the sleep disorders questionnaire. *Sleep* 2007. 30(3): 312-9

3 O'Connor C, Thornlye KS and Hanly PJ. Gender differences in the polysomnographic features of obstructive sleep apnea. *Am J Respir Crit Care Med* 2000. 161(5): 1465-726  
4 Medicare 5% sample & OptumInsight medical claims data, 2012  
5 Independent third party study conducted for ResMed, March 2013

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