

What is CPAP Therapy?

Continuous Positive Airway Pressure (CPAP) Therapy is the gold standard for treating Obstructive Sleep Apnea. CPAP Therapy relieves airway obstruction that occurs while sleeping.

Benefits of CPAP Therapy

Improved:

- » Quality of Life
- » Energy Level
- » Concentration and Memory
- » Daytime Alertness
- » Diabetic Control

Reduced:

- » Risk of Heart Attack, Heart Failure, Atrial Fibrillation, and Stroke.
- » Nocturnal Urination
- » Heartburn



What to expect after being referred by your Physician

Referral:

A Representative will schedule a consultation for you with one of our Registered Respiratory Therapists (RRT) within 48 hours of referral.

Consultation:

You and your RRT will review your sleep and health history.

Results:

Your test results will be provided to your Physician. If they are positive your Physician may prescribe CPAP Therapy.

Treatment:

When we receive your Physician's prescription we will schedule an appointment with you to start CPAP Therapy. You will have frequent contact with us throughout your CPAP Trial to ensure your therapy is optimized. A report of your progress on CPAP Therapy will be sent to your Physician.

Ongoing Service & Support:

Scheduled annual therapy reviews will occur, and you are welcome to contact us at any time for assistance.



Unsurpassed Service, Lifelong Support

Areas serviced

- Vancouver Island • East & West Kootenays
- Greater Vancouver/Lower Mainland
- Central & Northern Interiors • Thompson Okanagan

Call TOLL FREE to contact
your nearest IRS location

1.877.965.6204

Preferred Vendor for Fraser Health, Providence Health Care
& Vancouver Coastal Health Authority



www.irscanada.ca

Sleepy? Snoring? Always Tired?



INDEPENDENT
RESPIRATORY
SERVICES

Unsurpassed Service, Lifelong Support

How To Recognize OSA

A sleep disorder characterized by abnormal pauses in breathing or episodes of shallow breathing during sleep. The most common type of sleep apnea is Obstructive Sleep Apnea (OSA).



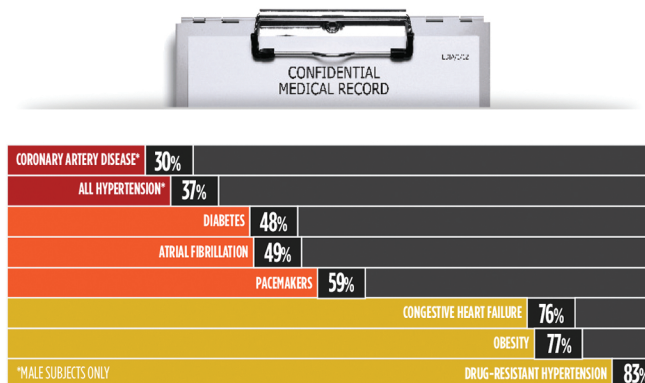
1. Are you tired during the day?
2. Do you snore?
3. Have you been told you stop breathing during sleep?

IF YOU'VE ANSWERED YES TO TWO OR MORE OF THESE QUESTIONS, ASK YOUR DOCTOR ABOUT SCREENING.

Other Symptoms Include



COMORBIDITIES >> PREVALENCE OF OSA WITH OTHER DISORDERS



OSA STATISTICS >>

1 in 4 [26%] ADULTS ARE AT HIGH RISK OF HAVING OSA BASED ON THE PRESENCE OF THREE OR MORE OF THE FOLLOWING RISK FACTORS:

>> RISK FACTORS:

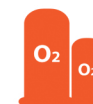


Over **75%** of people with OSA go undiagnosed

70% of all men with suspected OSA suffer from Erectile Dysfunction

If you or your Physician suspect you have Sleep Apnea, Independent Respiratory Services, can help you improve your health and quality of sleep.

Our mission is to provide our clients with the highest standard of healthcare. Honesty and Integrity are the foundation of our company and our success is reflected in our clients' satisfaction.



- Independent Respiratory Services has been providing Sleep Apnea and Home Oxygen Therapy to British Columbians since 1996.



- Our services can be accessed at over 40 locations throughout British Columbia.



- Our Comprehensive Sleep Evaluation Program is provided to our Patients free of charge.



- All CPAP trials leverage modems to track progress in real time. This provides patient convenience & early therapist intervention.



- Assistance provided to help our patients access Extended Health Benefits and other funding programs.



INDEPENDENT
RESPIRATORY
SERVICES

Unsurpassed Service, Lifelong Support