

If you or your Physician suspect you have low Oxygen levels Independent Respiratory Services can help you improve your health and quality of life.

Our mission is to provide our clients with the highest standard of healthcare. Honesty and Integrity are the foundation of our company and our success is reflected in our clients' satisfaction.



- Independent Respiratory Services has been providing Sleep Apnea and Home Oxygen Therapy to British Columbians since 1996.



- Our services can be accessed at over 40 locations throughout British Columbia.



- Oxygen Assessments are provided to our Patients free of charge.



- Our Oxygen Therapy Equipment uses the latest technology to ensure optimal therapy and maximize mobility and independence.



- Assistance provided to help our patients access Extended Health Benefits and other funding programs.

What to expect after being referred by your Physician

Referral:

A Representative will schedule a consultation for you with one of our Registered Respiratory Therapists (RRT) within 48 hours of referral.

Assessment:

You and your RRT will review your health history and complete an Oxygen Assessment.

Results:

Your test results will be provided to your Physician for review and they will determine if Oxygen Therapy is required.

Treatment:

If we receive a prescription from your Physician we will contact you and arrange an appointment to set up your Oxygen Therapy. A report of your progress on Oxygen Therapy will be sent to your Physician.

Ongoing Service & Support:

Scheduled Therapy reviews will occur, and you are welcome to contact us at any time for assistance.



INDEPENDENT
RESPIRATORY
SERVICES

Unsurpassed Service, Lifelong Support

Call TOLL FREE to contact your nearest IRS location

1. 877.965.6204

www.irscanada.ca

Preferred Vendor for Fraser Health, Providence Health Care & Vancouver Coastal Health Authority

Short of **Breath?** COPD? Do you require **Oxygen** Therapy?



INDEPENDENT
RESPIRATORY
SERVICES

Unsurpassed Service, Lifelong Support



Do you need
Oxygen Therapy?

What is Oxygen Therapy?

Oxygen Therapy "pushes" supplemental oxygen to your bloodstream to support your cells. Your lungs absorb Oxygen from the air; however some diseases and conditions can prevent you from getting enough Oxygen. People with low levels of Oxygen in the bloodstream will benefit from Oxygen Therapy.



Benefits of Oxygen Therapy

Improved

- ☒ Quality of Life
- ☒ Energy and Activity Level
- ☒ Exercise Tolerance
- ☒ Independence and Mobility
- ☒ Disease Management

Reduced

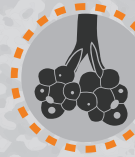
- ☒ Hospital Readmissions
- ☒ Shortness of Breath
- ☒ Reduced Exacerbation or "Flare Up" of COPD

How does Oxygen Therapy work?

Oxygen Therapy may be prescribed for both acute and chronic respiratory conditions such as:



Chronic Obstructive Lung Disease



Emphysema



Bronchitis



Cystic Fibrosis



Pulmonary Fibrosis



Pneumonia



Respiratory Muscle Disorders



Chronic Obstructive Pulmonary Disease (COPD)

Oxygen Therapy is delivered through small prongs that sit in the nostrils, or with a mask that covers the nose and mouth. Oxygen Therapy improves blood Oxygen levels, makes breathing easier, and reduces strain on your body.



What is COPD?

COPD stands for chronic obstructive pulmonary disease. COPD is a long-term lung disease often caused by smoking, and includes chronic bronchitis and emphysema as secondary conditions.

The symptoms experienced by people with COPD include ongoing cough, shortness of breath, wheezing, and chest tightness. These can make performing simple activities like washing or getting dressed difficult.

If you are over **40** and smoke or used to smoke, you may already have COPD.

Take this quick test to screen for symptoms of COPD:

- 1 Do you cough regularly?
☒ Yes ☒ No
- 2 Do you cough up phlegm regularly?
☒ Yes ☒ No
- 3 Do even simple chores make you short of breath?
☒ Yes ☒ No
- 4 Do you wheeze when you exert yourself (exercise, go up stairs)?
☒ Yes ☒ No
- 5 Do you get many colds, and do your colds usually last longer than your friends' colds?
☒ Yes ☒ No

If you answered **"Yes"** to one or more of these questions, you may have symptoms of COPD.

See your doctor to find out what is causing your symptoms. It could be COPD, it could be another breathing disease, or it could be something else. *Only your doctor can say.*