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## Reopening Details for all IRS Clinics

Before reopening, our clinics have followed provincial health directives to ensure strict protective measures are in place to protect you and safeguard against the spread of COVID-19. The health of you and our team members are our highest priority. If you have additional questions, please check out our [FAQ](#) or contact us directly at 1-877-965-6204.

The reopening of our clinics will follow new guidelines that have been developed for everyone's health and safety:

- Pre-screening for COVID-19 prior to accepting in-person appointments.
- Checking temperatures of all patients and health care team members using a contactless forehead infrared thermometer.
- Limiting the number of patients allowed in a clinic according to the size of the clinic. You may be required to wait in your car or outside the clinic until your appointment time.
- Increasing the frequency of sanitizing high-touch areas or surfaces.
- Providing hand sanitizing stations and following strict hand hygiene protocols.
- Requiring all health care team members to wear surgical masks or PPE.
- Requiring all patients bring and wear their own protective masks.

## Help us Create A Safe Environment!



We require that you please bring your own mask and put it on before entering the clinic. Masks or PPE will be mandatory for our health care team.



You must comply with the 2-metre physical distancing guideline when in the clinic or in the waiting area.



Clean your hands with hand sanitizer before your appointment. Disinfecting stations will be available at our reception desk.



We will only accept payment by debit or credit cards. Cash will not be accepted.

## Offering Virtual Appointments

We encourage patients to take advantage of our new virtual services. Our virtual care appointments are conducted by our accredited team of sleep health professionals who will ensure you receive the same patient-centered premium sleep care. Telehealth appointments can be conveniently booked by calling our Customer Service Team at 1-877-965-6204. If you would like to connect with a specific clinician, please contact your local office.